# Climate Change and the Food Supply

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https://www.nps.gov/goga/learn/nature/climate-change-causes.htm

## Major Greenhouse Gases

3.0% HFCs, PFCs, SF6 and NF3 6.2% N<sub>2</sub>O 11.5% CH<sub>4</sub> 79.4% CO2

U.S. Environmental Protection Agency (2023). Inventory of U.S. Greenhouse Gas Emissions and Sinks: 1990-2021





# Sources of Greenhouse Gases



https://www.epa.gov/ghgemissions/sources-greenhouse-gas-emissions





# Agricultural Sources of Greenhouse Gases



# Sheep, Beef and Dairy Cattle Contributions to Greenhouse Gases

#### Livestock-Based Methane Emissions METHANE EMISSIONS About a guarter of U.S. methane emissions come straight out of livestock, PER GRAM OF PROTEIN most of it from belching. Global estimates in grams, CO2-equivalent METHANE EMISSIONS Buffalo 404a 5% 95 Microbes in the cow's stomachs break down cattle Beef 295g feed into useable sources of energy and protein and Manure collection ponds produce methane. Milk from 87a generate about a tenth of all U.S. methane emissions. COWS Pork 55g Chicken SOURCES: EPA; FAO PAUL HORN / InsideClimate News

# Climate Change and Plant Health

Greenhouse gas emissions Human activity Terrestrial temperature increase Ocean temperature **Climate and** · Rainfall variability increase atmospheric · Ocean HCO1 increase Extreme weather events shifts (acidification) . Increased atmospheric CO2, ozone levels Abiotic effects on crop yield Animal heat stress [4] Altered primary [2.1, 2.2] production, poleward Changes in forage shifts of species, smaller · Greater pests, pathogens, weed species composition Proximate mean fish size [3.1] Increased exposure to pressure [2.3] biological and productivity [4] · Coral reef degradation and enteric pathogens [5.4] Pollinator declines [2.4] consequences shellfish declines [3.2] Lower human labor capacity [2.5] Altered fish nutrient Poorer crop nutrient content [2.6] content [3.3] Greater postharvest losses [5.4] . Higher frequency of Altered livestock Altered fish catch and Altered crop yields and conflict [5.1] reduced nutrient content [2] productivity [4] nutrient content [3] · Lower GDP growth Impact on [5.3] human socioeconomic systems Price increases [5.2] Lower purchasing power of nutritionally Price volatility [5.5] vulnerable populations [5] Increase in diarrheal diseases Altered global nutrient supply Nutritional and enteric infections and health consequences Altered nutritional status

Pathways for impacts of climate change on food systems, food security, and undernutrition

Annu. Rev. Public Health. 38:259–77

# Climate Change and Water

- Shifting precipitation patterns
- Loss of glaciers/earlier snow melt
- Infusion of salt water into coastal water supplies
- More severe flooding
- Droughts
- Could require relocation of agricultural production
  - e.g. Dairy in California





## Temperature

- Many rain feed crops decrease yield with temp > 86 F
  - Increases water loss by evaporation
- Future: 15-25% decrease in crop yields with increasing temperature especially in tropical areas
- Range of agricultural production can change.
- Wine
  - Expansion of vineyards to areas that traditionally could not grow grapes during to excess moisture or cold temperatures
  - Can also change areas where plants are stressed (e.g. low water) which produces higher quality wines
  - Some growers are now having to deal with over-ripening so need to move vineyards from southern to northern slopes







#### Washington Post and Financial Times

# Carbon Dioxide



- Carbon dioxide is food for plants
- Increased carbon dioxide increases water utilization and photosynthesis in plants
  - Wheat, rice and soybeans will grow faster with increasing carbon dioxide
  - Weeds respond better than crops



# Climate Change and Nutritional Composition of Plants

- Biological systems have adapted to store energy when excess is available
  - Humans = fat
  - Plants = starch
- As starch accumulates, other nutrients are diluted
  - Breeding to increase yield results in lower protein, Ca, P, Fe riboflavin and ascorbic concentrations (Davis et al. 2004)



# Climate Change and Nutritional Composition of Plants

- With increased CO<sub>2,</sub> rice, wheat, barley, and potatoes experience 7– 15% reductions in protein content
- 3–11% decreases of zinc and iron concentrations in cereal grains and legumes



# Climate change effects vulnerable populations the most

- Vulnerable populations such as Latin American, Southern Asia and Africa receive high amount for calories and proteins from cereal grains
- Because of the large of amounts of grains consumed, they are a major source of protein
  - Rice: 2.7% protein
  - Wheat: 13% protein
  - Corn: 11% protein
- Reduction of protein in grains due to climate change could result in protein deficiencies
  - 200 million people are estimated to not receive recommended protein intakes

# Climate Change and Seafood

- Current crisis is over-fishing
  - 68% of global fish stocks are below sustainable harvest levels
- Climate change impacts oceans by causing
  - Increasing temperature
  - Decreasing oxygen
  - Increasing acidity from carbon dioxide
- Changes food sources (microalgae)
- Net result is a shift in species toward poles to find cooler waters







# Seafood

- Migration leads to loss of fishery management regulations
- EU mackerel are now being caught in Iceland
  - Two different fishery regions are now catching this fish population without mutual fishing limits = overfishing



# Longer fishing trips, summer flounder fishing ground



## Long Island Sound Lobster Populations

Count per tow 1980 1990 1991 1994 298A Year

Lobster Abundance

Lobster Abundance



Highcharts.com

Food Safety

# Aflatoxins are highly carcinogenic

- Aflatoxin is produced by Aspergillus flavus and Aspergillus parasiticus
- Most carcinogenic naturally occurring compound known



Aspergillus flavus



Maize contaminated

with A. flavus

**Peanut contaminated** 

with A. flavus



Aflatoxin B1

Aspergillus does not survive in cold climates

### Climate change will increase aflatoxin contamination in maize

#### Present



### Climate change will increase aflatoxin contamination in maize



### Climate change will increase aflatoxin contamination in maize



### Vibrio causes food poisoning associated with shellfish



- North Atlantic Sea surface temperature (SST) has increased up to 1.5 °C
- Vibrio abundance is becoming more prevalent in northern

Vezzulli *et al.* (2016) PNAS

waters

## Red Tide

- Red tide is caused by algal blooms
- Algal blooms increase with increasing temperature and nutrient sources
  - Nutrient sources can be due to excessive rain fall that washes fertilizers into the ocean



University of Florida Extension

# Red tide

- Red tide is toxic to marine life and humans
  - At low levels, red tide toxins can accumulate in shellfish and cause paralytic shellfish poisoning
  - Results in closure of shellfish harvesting
- Also kills marine life
  - A red tide outbreak in Florida earlier this year killed 20 tons of marine life.



What can we do?

#### Economics of Cooking from Scratch



# Cooking at Home Decreases Sustainability

- Home Cooking < Food Service < Industrial Food Production
  - Water
  - Energy
  - Food waste







# Food Manufacturing at Scale is Critical for Producing Affordable

- Buy raw materials in large quantities
- Use energy efficient processing steps
  - 6.6 MJ/kg product in industry
  - 22.8 MJ/kg product for home cooking
- Maximize yield to decrease waste
- Utilize food waste products to offset processing costs
- Utilize food processing operations, packaging technologies and food ingredients to maximize shelflife



Homemade tomato paste = \$9.90+/pound Industrial tomato paste = \$2.00/pound

www.thekitchn.com

# Sustainability

- Home Cooking < Food Service < Industrial Food Production</li>
  - Water
  - Energy
  - Food waste
- Plant based animal food alternatives
  - Beef > pork > poultry > fish
  - Milk vs nut milks

#### Environmental footprints of dairy and plant-based milks



Impacts are measured per liter of milk. These are based on a meta-analysis of food system impact studies across the supply chain which includes land use change, on-farm production, processing, transport, and packaging.



#### Land use





Freshwater use



Nutrient Runoff



# Sustainability Challenges

- Livestock Production Costs
  - Producing 1 lb meat costs
    - Beef = 5-20 lb feed
    - Pork = 3 lb feed
    - Chicken = 2 lb feed
    - Fish = 1.2 ?





# Sustainability

- Home Cooking < Food Service < Industrial Food Production</li>
  - Water
  - Energy
  - Food waste
- Plant based animal food alternatives
  - Beef > pork > poultry > fish
  - Milk vs nut milks
- Not nutritionally equivalent
  - Calcium, iron, zinc and omega-3 fatty acids

# Eat more fruits, veggies and whole grains

Average Daily Food Group Intakes Compared to Recommended Intake Ranges





# What can be done to increase fruit, veggie and whole grain consumption?

- Change government subsidies
- Genetics
  - Flavor, flatulence, ripening, functionality
- Culinary solutions that don't add calories
  - Off-flavor masking
  - Flavor enhancement umami and acid
  - Low fat frying
  - Optimize texture -calcium
- Stealth
  - Blended products
    - Meat patties
    - Baked goods and fruit purees
  - Dishes with small amounts of proteins and mostly veggies







