



Environmental Impacts

01

**Feed
Conversion
Ratio**

02

**Green
House Gas
Emissions**

03

**Fresh
Water Use**

04

**Land
Conversion**

05

**Antibiotic
Use**

Global Economic Opportunity

Most globally traded food.

10-12% of the population derives their livelihood from seafood globally.


59.51 million people were engaged (on a full-time, part-time or occasional basis) in the primary sector of capture fisheries (39.0 million people) and aquaculture (20.5 million people).

Women accounted for 14% of the total, (19 percent% in aquaculture and 12% in capture fisheries).

Of all those engaged in primary production, most are in developing countries, and most are small-scale, artisanal fishers and aquaculture workers.

When post-harvest operations data are included, it is estimated that one in two workers in the sector is a woman.





Nutrition as Lifestyle Medicine for Brain Health and Performance

NUTR E-106 Section 1



HARVARD
Extension School



GOALS

STRATEGIES

TOOLS

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HOPE IS IN THE WATER

The world's waters are abundant in wonder, possibilities, and hope. They bring a vast opportunity to nourish people indefinitely. They are a deep well of jobs and sustenance. A stream of planetary health. That's why we are diving deep into them. **We hope you join us.**

DIVE IN

BLUE FOOD: HOPE *in the* WATER

Sustainable Eating *from*
Oceans, Lakes, and Rivers

by Andrew Zimmern

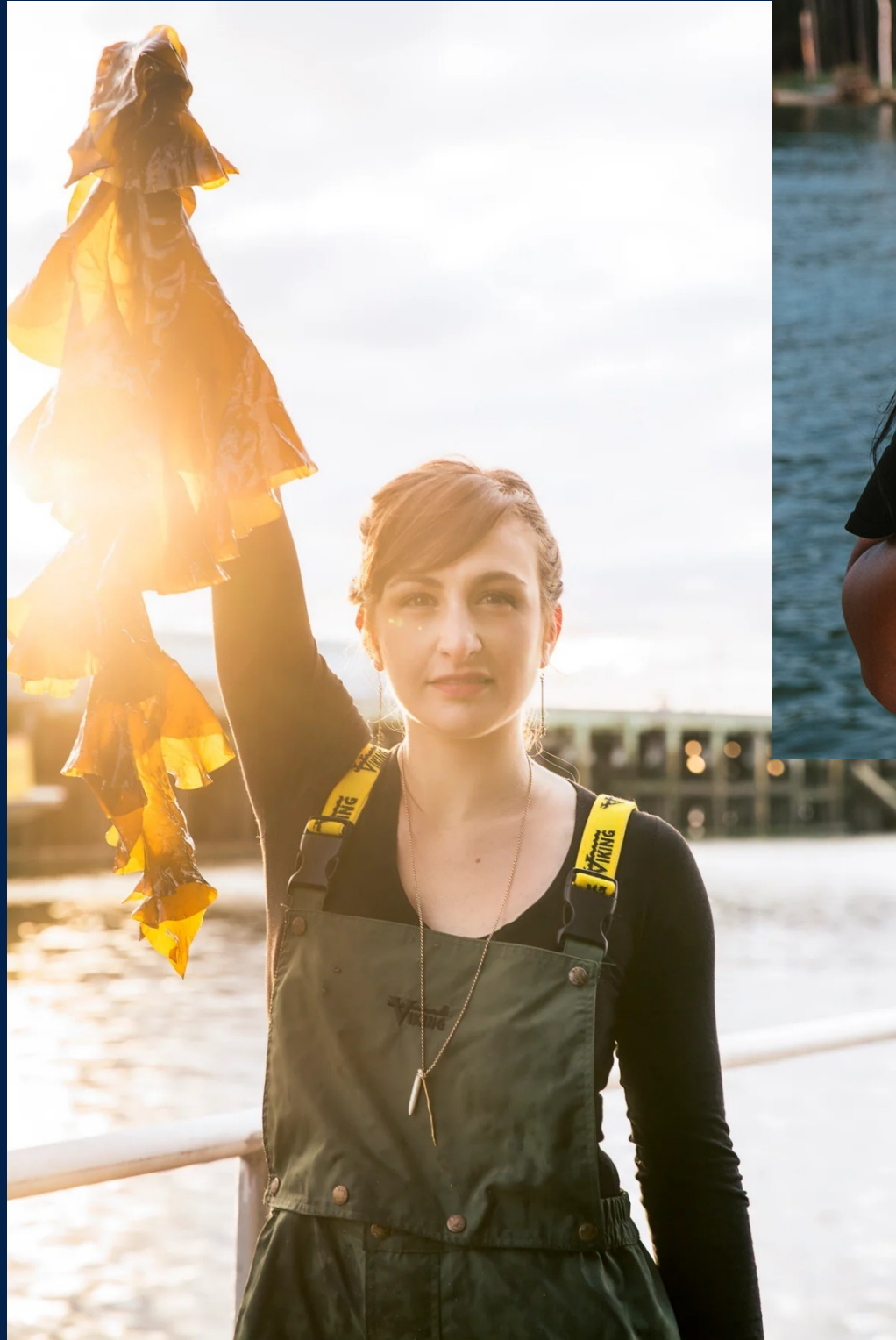
AND Barton Seaver

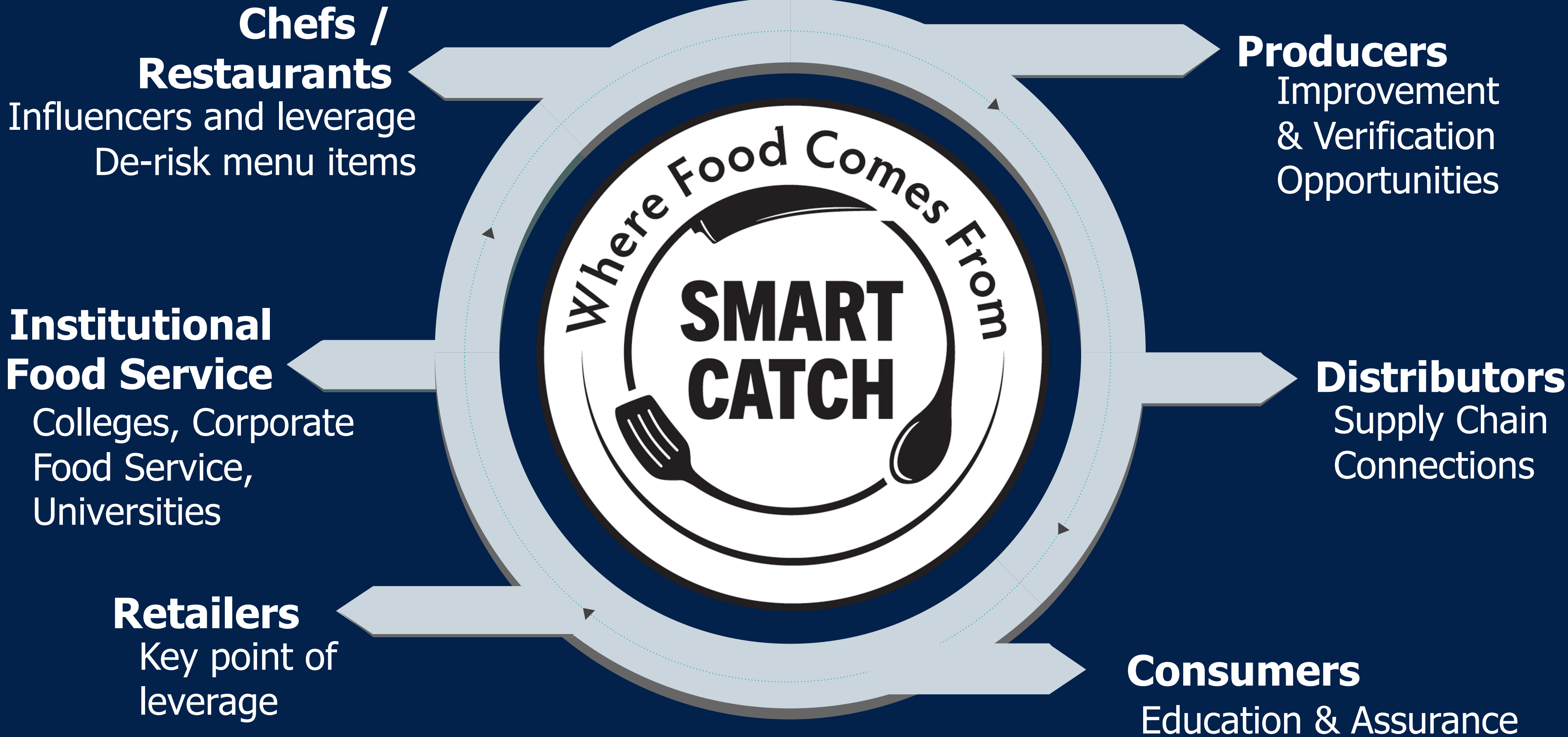
PHOTOGRAPHY BY Eric Wolfinger













Barton Seaver

Barton@ForCodandCountry.com